



St. Leonard's CE (A) First School Newsletter

Friday 27th September 2019



'From a tiny spark to a bright flame'

'In him was life; and life was the light of men. And the light shineth in darkness'. (John 1:4-5)

Headteacher: Mrs Kelly Stanesby Chair of governors: Mr Stephen Clancy and Rev'd Michael Evans

Designated safeguarding lead: Mrs Kelly Stanesby, Deputy safeguarding lead: Mrs Julie Amos

Respect



Love



Endeavour



Curiosity



Weekly Diary

Monday 30 th September 2019	3.30pm - 4.30pm After school Sports club
Tuesday 1 st October 2019	Lunchtime football 3.30pm - 4.30pm - After school STEM club
Wednesday 2 nd October 2019 Welly Wednesday 	Lunch time Design and Technology club run by pupils 3.30pm - 4.30pm - After school rugby tots 6.00pm - 7.00pm - Cheese and wine evening for new Reception parents
Thursday 3 rd October 2019	PM - Mrs Stanesby at Headteacher's LEP meeting Port Vale Lunchtime football club.
Friday 4 th October 2019	12.00pm - 1.30pm - Grandparents meal and bingo Lunch time dance club run by pupils



School Attendance

School attendance for this week is 97% which is **above** our target of 96%.

Reception and Year 1	100% Sparks
Year 2,3 and Year 4	94% Flames

Your lunch menu for the 30th September - 4th October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza, pasta and sweetcorn	Chicken curry, rice and green beans	Roast turkey, mashed and roasted potatoes and broccoli	Meatballs, pasta and sweetcorn	Cottage pie, roast potatoes, peas and roast parsnips
Mango yoghurt	Shortbread	Flapjack	Chocolate sponge	Chocolate sponge

Available daily: Seasonal vegetables, potatoes, a selection of seasonal crisp leaves and salad, seasonal crisp leaves and salad.

Happy Birthday!

A very Happy birthday to the lovely Miss Torr who celebrated this week.

We hope you had a wonderful day.



Christmas Trips

The Christmas trips are now available to make payments on parentpay.

Our trustees have very kindly offered to pay for the transport this year so the cost for The North Pole Adventure at the National Adventure Farm on Thursday 12th December is £14.00

and

Cinderella on Monday 16th December at Buxton Opera House is £12.00.



Harvest Service

On Friday 4th October there will be a Harvest Service at church. Everyone is welcome!

The service will start at 11.15am.

Please support our Harvest Festival this year by filling a shoe box or small basket with produce that your child can carry. Please bring into school by next Friday morning.

Your child's basket will then be distributed around the village to the elderly.

If you wish to nominate your own recipient of the Harvest Basket please write on the box who it is for and you can take your basket from the church to deliver to your nominated recipient.

Thank you.



Grandparents meal and bingo

On Friday 4th October we will be hosting a lunch for all our lovely grandparents to celebrate National grandparents day on Sunday 6th October.

There will be bingo too!

MENU

MAINS

MRS BARKS HOME MADE COTTAGE PIE.

(PERFECT AUTUMN COMFORT FOOD!)

DESERT

CHOCOLATE CAKE WITH LASHINGS OF CREAMY CUSTARD!

THEN BINGO!!!

There is a form on the noticeboard to register your interest. Please do so by Monday 30th September to avoid disappointment.

The cost is £3.00 and should be paid via Parentpay.



Macmillan Coffee Morning

On Friday 27th September at 10am we held our Macmillan coffee morning.

We made a marvellous £143.97.

Thank you to all who came and to everyone who donated cakes.



Reading bath

This is our reading bath!

Situated in Reception any child can grab a book and have a relaxing read in the tub!

We have also purchased a reading shed which is in the playground and lots of new books for our children.

This is thanks to our wonderful SLFC who raised the funds we needed to supply our children with these fantastic resources.

Along with the Ipstones Look for a book, which the children seem to be really enjoying, we want to really promote reading for pleasure and create an even more accessible and welcoming reading environment in our school.



More book finders!



National Online safety

Screen addiction

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?

47% of parents said they thought their children spent too much time in front of screens

What parents need to know about SCREEN ADDICTION

HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with their activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.

CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes' explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the App Snapchat, where you can dump 'snaps' when interacting with your friends. If you don't respond you lose the streak. The addictive nature of apps aims to engage children and keep them coming back for more.

LACK OF SLEEP

7 out of 10 children said they missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

Top Tips for Parents

NOS National Online Safety

LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their device, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child will need to use their device for their homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't, try setting house rules that the whole family abide by.

REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focused the next day at school. 20% of teenagers account on their devices, even if having a device switched off in their bedrooms they may be tempted to check for notifications.

LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

STATISTICS

- 52% of children aged 3-4 go online for nearly 9 HRS a week
- 82% of children aged 5-7 go online for nearly 9.25 HRS a week
- 93% of children aged 8-11 go online for nearly 13.5 HRS a week
- 99% of children aged 12-15 go online for nearly 20.5 HRS a week

Source: www.nationalonlinesafety.com, Children and Parents Media Use and Attitudes Report 2018. Information collected from 3,000 UK Representative Young People aged 3-15 years on 1000 mobile phone smartphones, between 6th March 2018 and 10th April 2018. © National Online Safety 2018. All rights reserved. No liability is accepted by the site of design. 12/16/18

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety

St Leonard's Open Evening

St. Leonard's CE (A) First School,
Ipstones



OPEN EVENING

Thursday 24th October 2019
6:00pm - 7:00pm

We offer a lively, creative curriculum, including swimming lessons from Reception, music lessons for the whole school and weekly outdoor learning. We have small class sizes with personalised learning where we are able to nurture the whole child to reach their maximum potential.

"From a tiny spark to a bright flame"

"My child has thrived at St Leonard's and reached her full potential as all of her needs have been met". - *Parent*

"Fantastic range of activities throughout the year - I'm always amazed how much is offered to the children". - *Parent*

"We play together and we help each other". - *Pupil*

Where to find us: -
Brookfields Road
Ipstones
Staffordshire Moorlands
ST10 2LY
01538 266292
www.stleonardsfirstschoolipstones.com

We will need helpers to show our guests around on the evening, more info nearer the time.

Nine ways to explain Brexit to kids - using Minecraft, sausages and cake!

It's imminent, it's all over the TV and the newspapers and everyone has heard about it, Brexit!

Does your child ask you questions about it which you're not sure how to answer?

The information in this link may you to explain it in a way that your child will understand.

<https://www.theguardian.com/lifeandstyle/2017/jan/28/explain-to-children-what-brexit-means-eu-britain>



Autumn trail

On Welly Wednesday the children went on an Autumn trail in search of conkers, acorns, and other Autumnal things.

Their trail was super muddy and there were wellies and teachers stuck in the mud but a thoroughly good time was had by all!



Aldi kit for schools

We are getting involved!

All we have to do is collect stickers to complete our "Kit for schools" poster and we can be in with a chance of winning £20,000 for our school.

Please could you send any stickers you receive from an Aldi shop (if over £30) in to the school office.

We've got to be in it to win it!

Thank you.



Rainbows cakes!

Our Flickers class have been busy making rainbow cakes for the Macmillan cake sale.

Fortunately there were some left over for the coffee morning after they'd finished tasting them!

They did look delicious though!



A message from SLFC and Dates for the diary

A warm welcome to students and parents, old and new at St Leonards First School 2019. St Leonards Funding Club is a group of parents, grandparents, guardians, teachers, staff and friends, who work together to raise money to advance the education of our children through school fundraising events, whilst building relationships with one another and the local community along the way. The group is open to everyone, if you have a child or know a child at the school then you are welcome to join the group.

Feel free to join the Facebook page S.L.F.C to post ideas and suggestions for events.

We always welcome help setting up, manning stalls, packing up, baking a cake, or simply by coming along to support the events. We hold several events throughout the year, our main events are the Summer Fair, Auction Night and Christmas Lights Night Fair. Smaller events such as Games Night, Pig Racing, Beetledrive, Ipstones Show stall etc all raise vital funds whilst having fun.

Every penny, every raffle ticket, every little bit helps to provide fantastic learning aids and enrichment items for the children, so that they flourish and love their time at school.

So come along to our next informal meeting on Thursday 3rd October at 7.30pm at the Red Lion in Ipstones.

Zoe Johnson

S.L.F.C

Game Nights - Friday 18th October- 6.00pm - 9.00pm at St Leonard's.



St. Leonard's First School, Ipstones

Games Night + Social



Friday 18th October 6-9pm

Advance tickets - £4.50 per adult, £2.50 per child, under 2's free

On the door - £5 per adult, £3 per child, under 2's free

Buffet and soft drinks included

Bring your own adult drinks !!

Christmas concerts - Raffle and refreshments. Dates to be confirmed.



Forest School Training

We are excited to tell you that Mrs Mellor is partaking in some "Forest schools training" from Monday 21st October to Friday 25th October.

This training will enable her to take her passion for outdoor learning to the next level and to spend valuable teaching and learning time with the children outside.

The benefits to the children of this has been recognised as;

Confidence

Helps children to grow in confidence as a result of the freedom, time and space they are given in their learning. This allows them to demonstrate independence at each individual child's rate.

Social skills

Activities such as sharing tools and participating in play help teach the children to work together as a group, which strengthens their bonds and social ties.

Communication

The sensory experiences provided by outdoor learning helps prompt language development. Improving communication skills has a positive effect on a child's self-esteem and is a crucial part of their development

Motivation and concentration

High levels of interest lead to high levels of attention. Spending time in the woodland is exciting for a child. It tends to fascinate them which develops a strong will to participate and concentrate over long periods of time.

Physical skills

The increase in outdoor activity is bound to have a positive physical impact. Not only does the development of physical stamina improve but also gross and fine motor skills.

Knowledge and understanding

Children develop an interest in the great outdoors and respect for the environment. Encouraging children to develop a relationship with the natural world will help in protecting the environment for generations to come.

New perspectives

Forest School isn't just beneficial to children it is also beneficial to teachers. Observing their class in a different setting allows them to gain a new perspective and understanding of their class.

Ripple effects

When children really engage with outdoor learning they will take their experiences home to share with friends and family. This will often encourage families to visit their local woodlands more frequently.

Levels the playing field

Taking children outside of the classroom removes the pressures of academia and allows them to play to their strengths. This is beneficial to children who struggle in the classroom because there is more of an opportunity for them to learn at their own pace.

Enjoyable for the children

Outdoor learning is fun! It is educational whilst also allowing children to play, explore and discover. Children who participate in Forest Schools are generally observed to be happier. The fresh air, the excitement, getting mucky - it doesn't get child friendlier than that.

Special thanks to Ipstones Parish Council for funding Mrs Mellor's training.

Just for fun

Can you colour in Cyril the squirrel?

